

ALLERGY MENU



GRAZING

Selection of Olives (V) (NO ALLERGENS).....	2.25
Freshly Baked Ciabatta (Gluten & Dairy) (V).....	2.75
Guacamole with Toasted Bread (Gluten*).....	3.25
Glazed Honey Mini Sausages (Mustard).....	3.75
Pork Scratchings (NO ALLERGENS).....	2.75
C&P Homemade Sausage Roll (Gluten, Egg).....	3.75
Garlic Infused Bread (V) (Gluten & Dairy).....	2.75
Garlic Infused Bread (Gluten & Dairy) with Cheddar(Dairy) and Worcestershire Sauce (V)...	3.25
Onion Doughnuts (Gluten & Dairy) with Garlic Mayo (Milk, Egg).....	3.75
Bruschetta (Contains Gluten*) with Kentish Tomatoes & Home Grown Basil (V) .....	3.75

**\*ITEM OPTIONAL FOR REMOVAL OR REPLACEMENT, PLEASE ASK STAFF FOR DETAILS**

At 12.5% discretionary service charge will be added to your bill for parties of 8 or more  
If you have a food allergy of any kind, please inform your waiter.



## STARTERS

Calamari (Gluten) C&P Style with Garlic Mayo (Egg)* .....	7.00
Deep Fried Brie (Gluten, Dairy) with Tomato Chilli Jam (V) .....	7.00
Beef Carpaccio, Rocket, Cherry Tomato, Freshly Shaved Parmesan (Dairy)* with Balsamic Glaze (Sulphur Dioxide)* and Crostini (Gluten*).....	9.00
Cured Salmon Fillet, Pickled Red Cabbage, Onion Mayo (Egg)*, Capers & Crusted Sour Bread (Gluten*).....	8.00
Soup of the day with Crusty Bread Roll (Gluten*) (V) .....	5.50
Chicken Liver Parfait, XO Thyme Butter (Dairy, Celery), Caramelised Onions & Toast (Gluten).....	7.00
Garlic Baked Mushrooms, Stilton Cream (Dairy) & Crusty Bread (Gluten) .....	7.00
Potato Skins, Guacamole and Cheese (Dairy*).....	6.50
Add Bacon.....	0.75
Cod & Salmon Fishcake (Gluten, Dairy), Red Pepper Coulis and Poached Egg .....	8.00

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## MAIN

C&P Pie of the day, Creamy Mash & Gravy (Gluten, Dairy) .....	13.00
Fish of the Day (Please ask for details).....	15.00
Lamb Shank with Mash & Gravy (Dairy).....	17.00
Greenwich Meantime Beer Battered Cod (Gluten, Sulphur Dioxide), Chips (Gluten free, Not Suitable for Celiac) & Tartare (Shallots, Egg, Mustard).....	13.00
Calves Liver and Bacon over Wholegrain Mash (Dairy) & Onion Gravy .....	16.00
Rack of Jack Daniels Sticky BBQ Ribs (Mustard) with Chips & Slaw (Mustard).....	17.00
Chicken Breast, Garlic Forest Mushrooms (Dairy), Potato Gratin & Bearnaise Sauce (Dairy, Egg).....	13.00
Butternut Squash, Sweet Potato, Chickpea, Coconut, Spinach Curry served with Rice & Naan Bread (Gluten) .....	11.50
C&P Homemade British Beef Lasagne Served with either Garlic Bread (Gluten) or Salad (Mustard*, Celery*).....	13.00
C&P Cheese Burger with Onion, Leek, Gherkin, Relish, Tomato & Baby Gem in Brioche Bun Served with Chips (Dairy, Gluten).....	13.00
C&P Mac 'n' Cheese Burger, Tomato, Baby Gem & Chips (Dairy, Gluten).....	11.00

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## OFF THE GRILL

Fillet Steak.....	25.00
Sirloin Steak £8 per 100G (cut to order) minimum order 200G .....	16.00
Rib-Eye 300 G .....	23.00
Chateaubriand 500g (To Share).....	55.00
<b>Surf 'n' Turf King Prawns (Crustaceans).....</b>	<b>15.00</b>
<b>(Added to any steak)</b>	

### **C&P Mixed Plate of Meat 20.00**

(Steak, Sausage (Gluten), Pork, Lamb, Black pudding (Gluten), Beef Ragu (Celery),  
Burnt Ends, Chips and Slaw (Egg, Mustard)\*)

All steaks served with chips, rocket (Dressing contains Mustard) & either peppercorn sauce (Dairy, Shallots) or cafe de paris butter (Dairy, Shallots, Fish, Mustard)

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## SALADS

Caesar Salad, Anchovies, Giant Croutons (Gluten), Baby Gem Lettuce with Freshly Shaved Parmesan (Dairy).....	8.00
House Salad, Beetroot, Quinoa, Brie (Dairy), Roasted Pepper Tomato, Celery* & Chickpea.....	6.50
Salmon & Avocado Salad, Mixed Leaves, Bulgur* (Wheat), Cherry Tomato & Yogurt Dressing (Dairy).....	8.00
<b>Add Chicken to any salad</b> .....	4.00

DRESSING CONTAINS MUSTARD

## SIDES

**All sides are 3.50 each**

Home Made Chips (Not Suitable for Celiac)	Onion Rings (Gluten, Sulphur Dioxide)
Garden Salad (Celery, Mustard)*	Baked Mac & Cheese (Gluten, Dairy)
Courgette Fries (Gluten)	Sweet Potato Fries (Not Suitable for Celiac)
Chilli Slaw (Mustard, Dairy)	Broccoli (Dairy)*
Mashed Potato (Dairy)	Spinach (Dairy)*
C&P Parsley & Garlic Chips (Not Suitable for Celiac)	Tomato & Onion Salad

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